

## Foreword

'Truth is a pathless land'. Man cannot come to it through any organisation, through any creed, through any dogma, priest or ritual, not through any philosophical knowledge or psychological technique. He has to find it through the mirror of relationship, through the understanding of the contents of his own mind, through observation and not through intellectual analysis or introspective dissection. Man has built in himself images as a fence of security - religious, political, personal. These manifest as symbols, ideas, beliefs. The burden of these images dominates man's thinking, his relationships and his daily life. These images are the causes of our problems for they divide man from man. His perception of life is shaped by the concepts already established in his mind. The content of his consciousness is his entire existence. This content is common to all humanity. The individuality is the name, the form and superficial culture he acquires from tradition and environment. The uniqueness of man does not lie in the superficial but in complete freedom from the content of his consciousness, which is common to all mankind. So he is not an individual.

Freedom is not a reaction; freedom is not a choice. It is man's pretense that because he has choice he is free. Freedom is pure observation without direction, without fear of punishment and reward. Freedom is without motive; freedom is not at the end of the evolution of man but lies in the first step of his existence. In observation one begins to discover the lack of freedom. Freedom is found in the choiceless awareness of our daily existence.

Thought is time. Thought is born of experience, of knowledge, which are inseparable from time. Time is the psychological enemy of man. Our action is based on knowledge and therefore time, so man is always a slave to the past.

When man becomes aware of the movement of his own consciousness he will see the division between the thinker and the thought, the observer and the observed, the experiencer and the experience. He will discover that this division is an illusion. Then only is there pure observation which is insight without any shadow of the past. This timeless insight brings about a deep radical mutation in the mind.

Total negation is the essence of the positive. When there is negation of all those things which are not love - desire, pleasure - then love is, with its compassion and intelligence.

- J. Krishnamurti

People commonly call their experience from day to day "reality": whether it is the physical reality of bodies and activities, the emotional reality of feelings and relationships, or the mental reality of thoughts and knowledge. It is presumed that what is "real" is what is perceived and experienced from the "point of view" of the "camera-self". People do not generally feel they have a great deal of control over the fact that they experience things from this "separate-self" perspective.

This reality -- of limited conventional experience -- is what is called "conditional reality", with a lowercase "r". This is because it is conditioned by experience and dependent on the condition of a separate "point of view". None of the elements of this so-called "reality" are native to REALITY Itself -- conditional "reality" is only an overlay, or an illusory presumption.

In fact, in reaction to the perception of being associated with a separate "self-position", everyone literally creates this entire so-called "reality", moment by moment, through a comprehensive and chronic contraction of attention and life-force at every level of existence (physical, emotional, mental, and even the root-level of presuming to be a "self"). All presumption of separateness - and even of bondage - is an illusion.

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All seeking (or ego-effort, based on the presumption of separateness, and even bondage) is a false (or Truthless) path, without The Foundation of Reality (or Truth) Itself.

Therefore, you presume a separate "self", a psycho-physically separate persona (or ego-"I") -- and all your "problems" (and all your seekings) arise on that basis.

Such is the activity of "ego" -- and as long as that activity is operative, it rules every aspect of life. The current state of global crisis -- relative to the Earth itself, the destruction of the non-human world, and all the conflicts between the Earth's human inhabitants -- is the devastating result of the universal commitment of human beings to the "point of view" of separate and conditional reality.

To know REALITY Itself requires an absolute shift from the "point of view" of conditional reality. The Inherent View of REALITY is not that of a separate, individual self -- and, therefore, by definition, the individual self, or ego, cannot make that Realization occur. In fact, there is no action or technique that can make that Realization occur. There is no earnest aspiration or well-intentioned practice of body or mind that can break through the ego-limit of conditional reality. Only the profound and true response to the Intervention of Reality Itself can break the ego-spell. Reality Itself--instead of the contraction into separate self--must be "Located" and "Known", at every level of the being.

- F. Jones

The working-presumption of "PRIOR UNITY" - rather than the search for unity - is the right and true context for all human exchanges. If there is the working-presumption of "PRIOR UNITY", then ego-surrendering cooperation and tolerance make perpetual human peace. If there is no working presumption of "PRIOR UNITY", then human interactions become a mere game of competitive egos. And that competitive game is, now, on the verge of destroying humankind and the Earth itself - even at every level of ordinary, and natural, and economic, and political, and, altogether, social life. That competitive and, at last, constantly confrontational ego-game is a struggle that inevitably occurs in every context of presumed non-unity and separateness - thus producing a situation in which everybody is trying to dominate everybody else. That relentlessly competitive and confrontational situation is a lunatic-asylum game that, ultimately, threatens the very survival of life on Earth...

People commonly presume unity to be a positive value. But they are typically thinking of unity as something to be "worked toward". "Working toward" unity is not what I am talking about. I am talking about "PRIOR UNITY". I am talking about people entering into a dialogue that is based on the working-presumption of "PRIOR UNITY", and non-separateness, and zeroconfrontation, and global indivisibility, and the absolute Law of unbreakable peace - rather than a status quo based on the ego-based presumption of separateness, and conflict, and competition.

- From "Not Two is Peace" by F. Jones

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Consciousness is subtle eternal energy, it is not created by the physical body or brain organ nor does it cease to exist when the physical "machine" dies. Consciousness, as energy, follows the "Law of energy conservation" i.e. it cannot be created nor destroyed but only changed to a different "expression". Consciousness or the living energy force is the foundation of all living human beings and is the same and is equal in each human. Only the outer physical body and brain programming with memory make each human being "appear" to be different. Consciousness is the "original" source and "sense" of "self awareness" or "self existing". It is the same in each human being therefore each human being is actually part of all other human beings and in a "universal truth" there is only "one\* being" materializing and manifesting "itself" as the many human beings on the earth. This is our PRIOR UNITY.

\*Note: This is how "telepathy" works as each person is always connected and part of a single universal consciousness or universal mind, and to each other.

### Not Two is Peace Introduction

It is now common knowledge that the Earth-system is fast deteriorating into a degraded and unsustainable condition from which there may soon be no going back. The human world is threatened by an ever-widening gap between the rich and the poor, unbridled exploitation of resources, an energy crisis, food shortages, overpopulation, and increasing areas of social breakdown, political oppression, and armed struggle. In the face of all this, the global human system is becoming dysfunctional - incapable of managing itself to establish and maintain integrity. Human society is a chaos of separate institutions, both public and private (nation-states, ethnic and religious groupings, intergovernmental organizations, civil society organizations, multi-national corporations), all doing their own managing in their own jurisdictions, with only partial reference (if any reference at all) to the interdependence of the whole. The result is the growing imbalance and conflict that threatens to become terminal for humankind and the Earth.

1. PRIOR UNITY and self-management must coincide with one another - one cannot merely communicate the idea of PRIOR UNITY and have it change anything, any more than one can give speeches about stopping global warming and get a result.
2. So the principle of PRIOR UNITY must have governing force. It must be a literal control over the system. It must take the "stave" out of the "wheels" of the system to generate the results that are intended or desired from the big-picture perspective.
3. When you eliminate the input, or "stave", that is creating chaos, then the system re-unifies the Earth-world, doing what it needs to restore its balance. This means that various kinds of input that are creating chaos or dis-unity in the Earth-domain have to be eliminated by responsible choices on the part of the human collective.
4. Everything that human beings do should have a focus in this Global Cooperative Forum, including every kind of industry and government. Everything will then be interconnected, and there will be a systems method for dealing with the global system altogether.
5. It would be a principled process - not merely a power-game played between competing factions. Competition and mutual opposition would be brought into order by this larger-systems means, which must be institutionalized, and, thus, be in a position to control the excesses.
6. There is a Universal Conscious Force That Is Indivisible, egoless, Acausal, and Absolute. And everything is arising as an apparent modification of That.

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### GLOSSARY OF TERMS AND PHRASES

(From Not Two is Peace)

**Acausal** - Neither caused nor causing; therefore, existing beyond (or prior to) the realm of duality in which the law of "cause and effect" is operative.

**All-and-All** - The totality of conditional (or ordinarily appearing) existence - both as the "sum of its parts" and as an undivided whole. He defines lowercase "all" as indicating "the collected sum of all presumed-to-be-separate beings, things, and conditions", and uppercase "All" as indicating "the All (or the undivided totality) of conditional existence as a whole".

**body-mind-complex** - Each human being is a "complex" of fundamental faculties. Those fundamental faculties include body and mind, and also emotion and breath.

**Conditionally manifested reality / Reality Itself** - The distinction between two meanings of the word "reality". (1) reality as we ordinarily perceive it and participate in it as "conditionally manifested reality". The "ordinary reality" is the complex effect of all kinds of causes. Thus, the "ordinary reality" can manifest only in accordance with whatever conditions are the case. Therefore, because the "ordinary reality" is dependent on conditions, or "conditionally manifested". (2) In contrast to "conditionally manifested reality", "Reality Itself" (with capital letters). Reality Itself is not in any sense dependent on conditions. In other words, Reality Itself is utterly "Non-conditional". Reality Itself is the "One and Only Self-Nature, Self-Condition, and Self-State" of every thing and every being in the universe.

**Conscious Light** - Reality (Itself) is "Conscious Light". The two essential characteristics of Reality are Awareness (or Consciousness) and Radiance (or Light). Furthermore, Conscious Light is the essential Nature (or the "One and Only Self-Nature, Self-Condition, and Self-State") of every thing and every being in the universe.

**diaspora** - The "diaspora" ("dispersion" or "scattering") of humankind all over the earth, over the course of many thousands of years, has resulted in the establishment of different cultures and philosophies. But no matter what cultural or even racial differences have appeared, humankind is still a single species.

**"difference"** - The presumption of fundamental "difference" as the essential fault that characterizes the unliberated human ego. The core of this presumption is the primal notion that "self" is separate from "everything and everyone else". That primal notion is described as the "root" of all human suffering and dilemma.

**ego / ego-"I"** - The ego is an activity, and not an entity. The activity of egoity is the "self-contraction", or the presumption of separate and separative existence. When the term "ego-'I'", places the "I" in quotation marks it indicates that it is in the "so to speak" sense (by means of the quotation marks) that, in Reality, there is no such thing as the "I", even though it appears to be the case in ordinary experience.

**end-time** - The end-phenomenon of human ego-culture and the loss of the connection to Reality Itself - and not any traditional religious myth associated with this term.

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**Enlightenment** - The actual Realization of Reality Itself, or Truth Itself - Which Realization is Inherently Full of Light. The word "Light" in hyphens (as in "En-Light-ened") is to emphasize the root-meaning of the word.

**everybody-all-at-once** - The "all-at-once collective" of humanity - which is not a collection of separate individuals, but the force of humankind as a collective whole, based in the fundamental presumption and truth of prior unity. (The "SELF AWARENESS" is the same in each human being - therefore there is only "ONE" consciousness materializing and manifesting itself as ALL human beings).

**face-to-face** - Humans all over the earth are now "face-to-face" with one another, in that no one exists in an isolated tribe or culture. There is now a single world, transformed by worldwide communication, economic interdependence, and the potential of global warfare.

**"know"** - This word (and its variants, such as "knowing" and "knowledge") in quotation marks, indicates that the ego's characteristic presumption of separation between the "knower" and that which is "known" makes it impossible to know anything as it really is. Capitalized "Know" and "Knowledge" indicate a wordless, direct Realization - rather than any form of knowledge based on the illusion of separation between "subject" and "object".

**"late-time" (or "dark" epoch)** - The terms "late-time" and "'dark' epoch" to describe the present era, in which doubt of anything at all beyond mortal existence is more and more pervading the entire world, and the "self"-interest of the separate individual is more and more regarded to be the ultimate principle of life.

**lose face** - To "lose face" is to allow one's vulnerability and one's shortcomings to be seen, without the apparent protection of a powerful or influential image.

**mummery** - The dictionary defines "mummery" as "a ridiculous, hypocritical, or pretentious ceremony, observance, or performance". The term "mummery" is used to describe all the activities of ego-bound beings, who are committed to the false view of separation and separativeness.

**"Narcissus" / "Narcissistic"** - "Narcissus" is a key symbol of the un-enlightened individual as a "self"-obsessed seeker, enamored of his or her own "self"-image and egoic "self"-consciousness.

*He is the ancient one visible in the Greek myth, who was the universally adored child of the gods, who rejected the loved-one and every form of love and relationship, and who was finally condemned to the contemplation of his own image - until, as a result of his own act and obstinacy, he suffered the fate of eternal separateness and died in infinite solitude.*

**"neighborhood-wars"** - The term "neighborhood-wars" describes the destructiveness of the ego (or the presumed separate "self") at all levels of human endeavor - not just the conflicts between nations and ethnic groups but in the most intimate scale of human interaction (the "private wars of Everyman"). This term comes from The Mummery Book.

**Non-Dual** - Inherently indivisible, and, therefore, never composed of "two" (or "self" and "not-self").

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**"Perfect Knowledge"** - The direct, tacit Realization of the Indivisible Unity of Reality Itself - prior to any presumption of separation between "knower" and "known". "Perfect Knowledge" contrasts with all forms of ordinary "knowledge" - which are based on the presumption of an irreducible separation between "knower" and "known", or "subject" and "object".

**Perfectly Subjective** - In the phrase "Perfectly Subjective", the word "Subjective" does not refer to "the inward experience of an individual". Rather, it points to Reality Itself - the True Source (or "Subject") of all apparent experience, which exists prior to any apparent individual "self".

**"point of view"** - In Reality, every ordinary "point of view" is an illusion - because all ordinary "point of view" is founded in the presumption of the separate existence of "I".

**psycho-physical** - The human being is not a purely physical phenomenon, but a phenomenon with both physical and psychological/psychic dimensions.

**Real God** - The term "Real God" is referring to Reality or Truth Itself, rather than any conventional anthropomorphic idea of God as "Creator".

**save face** - To "save face" is to try to "look good", or cling to an image of invulnerability and superiority in order to avoid being exposed as flawed or threatened.

**scientific materialism** - The predominant philosophy and worldview of modern humanity, the basic presumption of which is that the material world is all that exists. In scientific materialism, the method of science, or the observation of "objective" phenomena, is made into a philosophy and a way of life that suppress the native human impulse to Realize Reality Itself.

**"self" / not-"self"** - The two categories of egoic illusion: that which one identifies with ("self"), and everything else (not-"self"). "self" in quotation marks (or written with a lowercase s) to indicate that the presumption of a truly separate entity is an illusion - generated in response to the fact of bodily existence.

**"self"-contraction** - The fundamental presumption (and activity) of separation. Also called "ego", or "ego-I".

**Self-Nature, Self-Condition, and Self-State** - While pointing out that there is no such thing as a separate egoic "self", this phrase indicates that Reality Itself is the true "Self" (capital "S") of all existence.

**"tribalism"** - The terms "tribal" and "tribalism" refer to the ego in its collective form.

**Witness** - The natural "Position" of Consciousness Itself is to Stand as the Mere Witness of all that arises, Prior to egoic "self"-identification with the body-mind-complex.

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The image" of God that has been "created" by the major world religions is a "false concept" of the "Real G.O.D.". This false concept which states that God is a "Being" separate from all mankind and separate from all "creation" has sent mankind down the "wrong path" and turns humanity away from the True "inner path" of real Spiritual and Religious "Evolution." These man made "concepts" create even more "concepts" which further separates mankind from the Real Universal Living G.O.D. (that exists as all things and All Human beings) and from one another (man against man and nation against nation.) The " Real G.O.D." that IS being Re-discovered by science and research in the fields of "Consciousness", Eternal Energy which follows the "Law of Energy Conservation" (i.e. "energy cannot be created nor destroyed ...only changed", therefore Consciousness is "ETERNAL"), in fields of Quantum Physics , i.e. the Spiral Helix in "string theory", is the same Spiral Helix of all DNA structures which IS materialized or manifested light (living light or conscious light), this "is" the " Real G.O.D.", future hope and "common unity" of all humanity.

\* Note: The universal scientific understanding today is the same universal understanding of the ancient "Wisemen" (and women), only the terminology is different. Those rare individuals who do find their way (evolved) to perfect consciousness (Spirit- Enlightenment) become the "True leaders", "Teachers" and "Examples" for mankind (man-ifested kind) and "Profess" that ALL humans have the same "Spiritual Potential" and, along with the fact that in this final stage of Evolution, ALL human beings are the "Co-Creators" of the planet earth and are NOW "Responsible" for the "Creation" of "World Peace", "Self Evolution " and the "Evolution" of others.

G.O.D. = the Generating-Organizing-Disolving cycle of all nature by "living light" (conscious light)